

UNIVERSITY OF LADAKH



**SYLLABUS
OF
THE FOUNDATION COURSE
OF
SOCIAL WORK STUDIES
(UNDER NEP – 2020)**

(Implemented w.e.f Academic Session 2023-24)

UNIVERSITY OF LADAKH

SYLLABI OF THE INTRODUCTORY COURSE IN SOCIAL WORK UNDER NATIONAL EDUCATION POLICY - 2020 (Session 2023-2024)

OBJECTIVE OF THE COURSE

The curriculum of the program was developed with a view to make the learners understand social work as a profession, the functions and roles of social workers, provide with the knowledge, skills and values necessary for social work practice. It is also to prepare students to work effectively with diverse populations, including individuals of different races, ethnicities, cultures, and socio-economic backgrounds and to familiarize the students about the field engagement of professional social work.

CHOICE BASED CREDIT SYSTEM

The Four-year under-graduate level course consists of 4-year course (under CBCS pattern) with semester system 8 semesters, with two semesters in a year and each semester carrying 20 credits, thus a total of 40 credits per year and 160 credits in all. Each credit carries a weightage of 25 marks and thus a total of 500 marks in a semester.

The new education policy – 2020 will be applicable to all the semesters from the academic session 2023-24.

Semester-I (Marks: 500)

		(Core Courses)			
Paper	Course No.	Title	Max. Marks	Con. Hours	Total Credits
Foundation	FC-DSC	Introduction to Social Work	100	60	04
Foundation	FC-DSC-L	Lab work (if any)	25	30	01
Interdisciplinary	ID – 1	History and Basics of Social Work	75	45	03
Interdisciplinary	ID – 2	Life Skill Education	75	45	03

Total credits: 20

Semester-II (Marks: 500)

		(Core Courses)			
Paper	Course No.	Title	Max. Marks	Con. Hours	Total Credits
Foundation	FC-DSC	Psychology for Social Work	100	60	04
Foundation	FC-DSC - L	Lab Work/ Field Work	25	30	01
Interdisciplinary	ID – 1	History and Basics of Social Work	75	45	03
Interdisciplinary	ID – 2	Life Skill Education	75	45	03

Total credits = 20

Syllabus of the Foundation Course of Social Work under NEP-2020

Course Title: Introduction of Social Work

Semester – 1st

Credit – 4

Max Marks – 100

Objective: To introduce the learners about social work profession, to make them understand about the evolution of social work as profession, and to familiarise the students about the field engagement of professional social work. This course will also familiarise and internalise the philosophy and core values of professional social work as well as the functions and roles of social workers.

Unit – 1: Understanding Social Work

- 1.1. Conceptual Understanding of Social Work: Meaning and Definition
- 1.2. Emergence of Social Work in the West
- 1.3. Emergence of Social Work in India
- 1.4. Development of Social Work Education in India

Unit – 2: Nature of Social Work

- 2.1 Purpose and Objective of Social Work
- 2.2 Nature and Scope of Social Work
- 2.3 Functions of Social Work
- 2.4 Principles of Social Work

Unit – 3: Social Work Profession

- 3.1 Primary Methods of Social Work: Casework, Group Work, Community Organization
- 3.2 Secondary Methods of Social Work: Social Welfare Administration, Social Action, Social Work Research
- 3.3 Levels in Social Work: Micro, Mezzo, Exo and Macro
- 3.4 Skills in Social Work

Unit – 4: Values and Ethics of Social Work

- 4.1 Philosophical Assumptions in Social Work
- 4.2 Core Values of Social Work
- 4.3 Code of Ethics
- 4.4 Role of Social Worker: Activist, Enabler, Facilitator, Trainer & System Linkage role

Unit – 5: Field Work Practicum

- 5.1 Theoretical Understanding of Field Work Practicum
- 5.2 Visual Labs: Documentaries on works of Social Work
- 5.3 Skill Lab
- 5.4 Observation Visit
- 5.5 Format of report writing
- 5.6 Individual and Group Presentation

References:

Essential Readings –

1. Singh, D. K. and Bhartiya, A.K. (2010). Social Work: Concept and Methods. Lucknow: New Royal Book Company.
2. Biestek, F. (1961) *The Case Work Relationship* Allyn and Bacon

3. Desai, M. (2015) *Ideologies and Social Work* Rawat Publications
4. Mathew, G. (1993) *An Introduction to Social Case Work* TISS
5. Toseland and Rivas (1955) *An Introduction to Group Work Practice* Allyn and Bacon.
6. DuBois, B. and Miley, K.K. (2008) *Social Work An Empowering Profession* Allyn and Bacon
7. Friedlander, Walter A. (1977) *Concepts and Methods of Social Work*, New Delhi: Prentice Hall of India Pvt. Ltd
8. Annie Pullen-Sansfaçon (2013), *The Ethical Foundations of Social Work*, Stephen Cowden Routledge,

Suggested Readings –

1. Hollis, F. (1964) *Casework: A Psychosocial Therapy* McGraw Hill
2. Johnson, L.C. & Yanca, S.J. (2010) *Social work practice- A Generalist Approach* PHI Learning
3. Perlman, H.H. (2011) *Social Case Work- A Problem Solving Approach* Rawat Publications
4. Hamilton, G. (2013) *Theory and Practice in Social Case work* Rawat Publications
5. Upadhyay, (R.K. 2014) *Social Case Work* Rawat Publications
6. Trecker, H.B. (1972) *Social Group Work: Principles and Practices*. New York: Association Press
7. Ross, M G. (1967) *Community Organization: Theory, Principles, and Practice* Harper & Row
8. Rothman, J. (1970) *Three Models of Community Organization Practice: Strategies of Community Organization* Columbia University Press
9. Siddiqui, H.Y. (1997) *Working with Communities/ Community Organization and Social Action* Hira Publications

Syllabus of the Foundation Course of Social Work under NEP-2020

Course Title: Psychology for Social Work

Semester – 2nd

Credit – 4

Max Marks – 100

Objective: To make the learner understand psychological concepts and its relevance to Social Work. To introduce the learners about different theories of psychology, to understand social attitudes and psycho-social behaviour and human development behaviour.

Unit – 1: Conceptual Understanding of Psychology

- 1.1 Meaning, Definition and Scope of Psychology
- 1.2 Relevance of Psychology to Social Work
- 1.3 Branch of Psychology: Clinical, Educational, Developmental
- 1.4 Basic Concepts: Learning, Values and Attitude

Unit – 2: Human Growth and Personality

- 2.1 Human Growth and Development: Meaning and Stages
- 2.2 Factors affecting Human Development
- 2.3 Stages of Human Development
- 2.4 Concepts and Determinants of Personality

Unit – 3: Social Psychology

- 3.1 Social Psychology: Concept, Definition and Nature
- 3.2 Prejudice Stereotypes and Discrimination
- 3.3 Perception, Emotion and Intelligence
- 3.4 Motivation: Concept and Factors affecting Motivation

Unit – 4: Theories

- 4.1 Behavior and Humanistic Theories: B.F. Skinner, Carl Rogers and Maslow
- 4.2 Collective Behavior: Characteristics and Dynamics
- 4.3 Theories of Collective Behavior
- 4.4 Psychoanalytic Theories of Personality: Carl Jung and Freud

Unit – 5: Field Work Practicum

- 5.1 Skill Lab: Discussions, Role Playing, Express through writings.

5.2 Self-Assessment Test

5.3 Memory Games

5.4 Report writing, Individual and Group Presentation

References:

Essential Readings –

1. Kuppaswamy, B. (1972). Elements of Social Psychology. New York: Asian Publishing House
2. Baron, A. Robert, (2001), Psychology, 5th Edition, New Delhi, Pearson
3. Baron, R.A. and Byron, D. (1998). Social Psychology. New Delhi: Prentice Hal.

4. Feldman, R.S. (1997). Understanding Psychology. New Delhi: Mc Graw Hill.
5. Atkinson, R. L., Atkinson, R. C., Smith, E. E., Bem, D. J. and Hilgard, E. R. (2013). Introduction to Psychology. New York: H. B. J. Inc.
6. Morgan, C.T., King, R.A. Weisz, J.R., Schopler, J. (2001). Introduction to Psychology. New Delhi: Tata McGraw and Hill.
7. Myers, D.G. (2005). Social Psychology (8th ed.). New Delhi: Tata McGraw Hill Pub. Co. Ltd.

Suggested Readings –

1. Dandapani, S. (2005). General Psychology. Hyderabad: Neel Kamal Publications.
2. Elizabeth, H. (1968). Development Psychology. New York: Mc Graw Hill.
3. Feldman, R.S. (1985). Social Psychology: Theories, Research and Applications. New York: McGraw hill.
4. Hall, C.S. Lindzey, G. and Cambell J.B. (2004). Theories of Personalities. New York: Wiley M.
5. Dandapani, S. (2005). General Psychology. Hyderabad: Neel Kamal Publications
6. Mishra Brij Kumar "Manovigyan" Publisher: Prentice-Hall of India Pvt.Ltd
7. Chowdhary, Richa (2010) "Vikasatmak Manovigyan" New Delhi, Naman Prakashan
8. Baron, A. Robert and Byrne, D., (2010), Social Psychology, New Delhi, Pearson
9. Ahuja Niraj (2002), A Short Textbook of Psychiatry, New Delhi, Jaypee Brothers