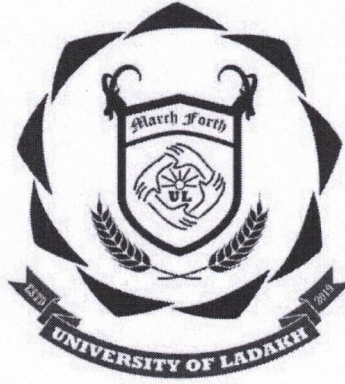


UNIVERSITY OF LADAKH



**SYLLABUS
OF
THE INTER-DISCIPLINARY COURSE
OF**

SOCIAL WORK

(UNDER NEP – 2020)

(Implemented w.e.f Academic Session 2023-24)

Syllabus of the Interdisciplinary Course of Social Work under NEP-2020

History and Basics of Social Work

Semester –1st

Credit – 3

Max Marks – 75

History & Basics of Social Work

Objective: To make the learners understand the evolution of social work, to make them understand how social work is profession, and to familiarise the students about the field engagement of professional social work. This course will also familiarise and internalise the values and ethics of professional social work.

Unit – 1: History of Social Work

- 1.5 Conceptual Understanding of Social Work
- 1.6 Social Work: Meaning and Definition
- 1.7 Evolution of Social Work as Profession
- 1.8 Basic concepts: Social Service, Social Services, Social Welfare, Social Security

Unit – 2: Social Work as Profession

- 2.5 Objective and Goals of Social Work
- 2.6 Scope of Social Work
- 2.7 Functions of Social Work
- 2.8 Principles of Social Work

Unit – 3: Field Engagement in Professional Social Work

- 3.5 Fields of Social Work Practice
- 3.6 Methods of Social Work
- 3.7 Skills of Social Work
- 3.8 Emerging areas of Social Work

Unit – 4: Values and Ethics of Social Work

- 4.5 Values in Social Work
- 4.6 Ethics in Social Work
- 4.7 Role of Social Worker as Facilitator and Trainer
- 4.8 Role of Social Worker as Activist, Enabler

Rajesh

Pravin Pradhan

Shyama

Yashwanth

Essential Readings –

7. Singh, D. K. and Bhartiya, A.K. (2010). *Social Work: Concept and Methods*. Lucknow: New Royal Book Company.
8. Desai, M. (2015) *Ideologies and Social Work* Rawat Publications
10. Mathew, G. (1993) *An Introduction to Social Case Work* TISS
11. DuBois, B. and Miley, K.K. (2008) *Social Work An Empowering Profession* Allyn and Bacon
12. Annie Pullen-Sansfaçon (2013), *The Ethical Foundations of Social Work*, Stephen Cowden Routledge,

Suggested Readings –

10. Upadhyay, (R.K. 2014) *Social Case Work* Rawat Publications
11. Hamilton, G. (2013) *Theory and Practice in Social Case work* Rawat Publications
12. Perlman, H.H. (2011) *Social Case Work- A Problem Solving Approach* Rawat Publications
13. Johnson, L.C. & Yanca, S.J. (2010) *Social work practice- A Generalist Approach* PHI Learning
14. Hollis, F. (1964) *Casework: A Psychosocial Therapy* McGraw Hill
15. Trecker, H.B. (1972) *Social Group Work: Principles and Practices*. New York: Association Press
16. Siddiqui, H.Y. (1997) *Working with Communities/ Community Organization and Social Action* Hira Publications
17. Ross, M G. (1967) *Community Organization: Theory, Principles, and Practice* Harper & Row
18. Rothman, J. (1970) *Three Models of Community Organization Practice: Strategies of Community Organization* Columbia University Press

Syllabus of the Interdisciplinary Course of Social Work under NEP-2020

Life Skill Education

Semester –2nd

Credit – 3

Max Marks – 75

Objective: To orient the students about Life Skills and to impart knowledge of basic life skill for day-to-day living.

Unit – 1: Life Skill and Education

- 1.1 Life Skill: Meaning, Definition
- 1.2 Importance of Life Skill
- 1.3 Pillars of Education: Learning to Know, Learning to Do, Learning to Live Together and Learning to Be
- 1.4 Learning Skills: Communication Skill, Creativity and Empathy

Unit – 2: Thinking Skills

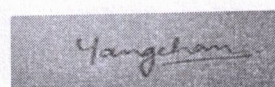
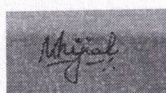
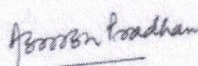
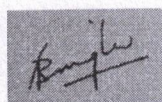
- 2.1 Thinking: Types of Thinking, Concept of Formation and Reasoning
- 2.2 Creative and Critical Thinking: Nature and Stages
- 2.3 Decision Making: Meaning and Definition
- 2.4 Need and Process of Decision Making

Unit – 3: Problem Solving

- 3.1 Meaning and Definition
- 3.2 Steps in Problem Solving
- 3.3 Factors Influencing Problem Solving

Unit – 4: Learning about Self and Coping Skill

- 4.1 Assessment of Life Skill I: Self Confidence and Self Esteem, Looking at Self, Knowing about Self and Planning for Personal Growth
- 4.2 Assessment of Life Skill II: Appreciating Individual and Cultural Differences, Assessing Needs and Wants and Rights and Responsibilities
- 4.3 Dealing with Life Situations
- 4.4 Coping with Emotions



References:

Essential Readings –

1. World Health Organization Partners in Life Skill Education: Conclusions from a United Nations Inter-Agency Meeting WHO 1999
2. Stella, C. (2005) *Critical Thinking Skills: Developing Effective Analysis and Argument* Palgrave Macmillan Limited
3. Hereford, Z. (2007) *Essential Life Skills: A Guide for Personal Development and Self- Realization*

Suggested Readings -

1. Delors, J. (1997) *Learning: The Treasure Within* UNESCO
2. UNESCO (2005) *Quality Education and Life Skills: Dakar Goals* UNESCO
3. Santrock, W. J. (2006) *Educational Psychology* Tata McGraw Hill
4. Nair, A. R. (2010) *Life Skills Training for Positive Behaviour* RGNIYD
5. Nair, A. R. (2010) *Life Skills, Personality and Leadership* RGNIYD