

## Minutes of Meetings of Board of Study of (MA Social Work in Disabilities Studies & Action)

Date: 18-10-2023

Time: 01:00 PM

### Meeting (Online) was attending by the following members:

1. Dr. Jafar Ali (Dean Social Sciences, University of Ladakh), Chairman
2. Prof. Asutosh Pradan, Professor, Department of Social Work, Centre University of Himachal, External Expert
3. Dr. Jigmat Dachen, Coordinator, Department of Phy Education, University of Ladakh, Convener
4. Dr. Yangchan Dolma, Assistant Professor, EJM College, Leh, member
5. Ms Nargis Banoo, Assistant Professor, Department of Social Work, University of Ladakh
6. Ms Nidhi, Assistant to DDA, University of Ladakh



### Discussion points & outcomes:

The meeting was chaired by the Dean Social Sciences, University of Ladakh. At the outset, the convener of the BoS in MA Social Work in Disabilities Studies and Action welcomed and briefed the agenda of the meeting to the members.

### The Agenda points of the meeting were:

1. To finalise the course and syllabus for the Multidisciplinary courses to be implemented for the Master programmes in the University of Ladakh from the academic session 2023.
2. To finalize and approve the syllabus of the VAD course to be implemented in the constituent colleges of the UoL.

### Adjournment:

After threadbare discussion the members unanimously approved the course structure and syllabus of the MD/ID courses and Value Added Course to be implemented in the University of Ladakh Campuses.

The convenor thanked the chair and adjourned the meeting.

### Signature of all members of the BoS



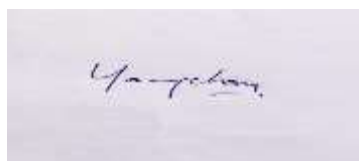
Dr. Jafar Ali  
Chairman



Dr. Jigmat Dachen  
Convener



Prof. Asutosh Pradhan  
Subject Expert



Dr. Yangchan Dolma,  
Member



Ms. Nargis Banoo  
Member



Ms. Nidhi, Member

# **UNIVERSITY OF LADAKH**

**Course structure**

**M.A. Social Work in Disability Studies and Action**

**(UNDER NEP – 2020)**

**(Implemented w. e. f Academic Session 2023-24)**

# **M.A. Social Work in Disability Studies and Action**

## **Programme Learning Outcomes (PLOs)**

- PLO1- To critically understand integration of theory and practices of social work profession.
- PLO2- To be exposed to various perspectives in understanding disability, persons with disability and their families within their varied context and environments.
- PLO3- To apprehend, critique and analyze the complexities of the social realities of the field of disability, persons with disability and their families and the range of related issues in their systemic and structural contexts.
- PLO4- Critical analyse the policy and programmes for the welfare, empowerment and development for person with disability.
- PLO5- To develop the expertise of various social work methods and their application in community, clinical, hospital and institutional settings.
- PLO6- To support and engage with the stakeholders in executing welfare programmes and development policies for bringing the desired change.
- PLO7- Develop knowledge of the socio-economic and cultural realities, and their impact on individuals, families, groups, communities and organizations with specific focus on person with disability.
- PLO8- To design and promote research for strengthening the knowledge and interventions for quality social work education and application to promote social change and empowerment through advocacy in the areas of social policy and right-based entitlements.

## M.A. Social Work in Disability Studies and Action

FIRST SEMESTER						
Course Code	Course Name	Type	Credit	Examination Scheme (Marks)		
				Internal Assessment	Semester theory exam	Total Marks
PGSW-C101	Introduction to Social Work	Core (Major)	4	30	70	100
PGSW-C102	Social Casework	Core (Major)	4	30	70	100
PGSW-C103	Social Work and PWD's	Core (Major)	4	30	70	100
PGSW-E102	Human Growth and Behaviour	Core (Minor) / DCE*	2	15	35	50
PGSW-E102	Human Growth and Development	Core (Minor) / DCE*				
PGSW-M101	Fundamentals of Social Work (for other departments)	MD	2	15	35	50
PGSW-F-101	Concurrent Field Work in Community settings and Awareness Building	F-Core (Major)	4	--	--	100 Internal – 50% External – 50%
<b>Total</b>			<b>20</b>			<b>500</b>

UW – University-Wide (i.e., common to all the departments/programmes in the university)

MD – Multi-Disciplinary

IKS – Indian Knowledge Systems

\*Student will choose any one of the 2 Elective Courses

SECOND SEMESTER						
Course Code	Course Name	Type	Credit	Examination Scheme (Marks)		
				Internal Assessment	Semester theory exam	Total Marks
PGSW-C201	Social Group Work	Core (Major)	4	30	70	100
PGSW-E201	Sociological Concepts & Community Work	Core (Minor)	2	15	35	50
PGSW-C202	Family-Centered & Community-based Interventions and Ethical Practice	Core (Major)	4	30	70	100
PGSW-E202	Social Work Research	Core (Minor)	2	15	35	50
PGSW-E203	Quantitative Research Methods	Core (Minor)/ DCE*	2	15	35	50
PGSW-E204	Qualitative & Mixed Research methods	Core (Minor)/ DCE*				
PGSW-M201	Indian Knowledge Systems (Social Work)	MD	2	15	35	50
PGSW-F-201	Concurrent Field Work in Community and Family Settings	F-Core (Major)	4			100 Internal – 50% External – 50%
<b>Total</b>			<b>20</b>			<b>500</b>

UW – University-Wide (i.e., common to all the departments/programmes in the university)

MD – Multi-Disciplinary

IKS – Indian Knowledge Systems

\*Student will choose any one of the 2 Elective Courses

THIRD SEMESTER						
Course Code	Course Name	Type	Credit	Examination Scheme (Marks)		
				Internal Assessment	Semester theory exam	Total Marks
PGSW-C301	Human Rights, Social Policy and Law	Core (Minor)	4	30	70	100
PGSW-C302	Social Action & Advocacy for PWD's	Core (Major)	4	30	70	100
PGSW-E301	PWDs & Medical Social Work	Core (Minor)/ DCE*	2	15	35	50
PGSW-E302	Counselling: Theory & Practice					
PGSW-C303	Welfare Administration & Management of Rehabilitation Programmes for PWDs	Core (Major)	4	30	70	100
PGSW-F-301	Concurrent Field Work in Agencies	F-Core (Major)	4	--	--	100 Internal – 50% External – 50%
PGSW-F302	Rural Camp & Working in Teams	F-Core (Major)	2	--	--	50 Internal – 50% External – 50%
<b>Total</b>			<b>20</b>			<b>500</b>

Rural Camp – Between one week to 10 days

Internship – 30 days

\*Student will choose any one of the 2 Elective Courses

FOURTH SEMESTER						
Course Code	Course Name	Type	Credit	Examination Scheme (Marks)		
				Internal Assessment	Semester theory exam	Total Marks
PGSW-C401	Assessment Methods, Case Management & Clinical Practice	Core (Major)	4	30	70	100
PGSW-C402	Seminar on Issues related to Field Practice	Core (Minor)	2	15	35	50
PGSW-E401	Gender, Disability & Social Inclusion	Core (Minor)/ DCE*	2	15	35	50
PGSW-E402	PWDs & Psychiatric Social Work					
PGSW-D401	Dissertation	D	4	--	--	100
PGSW-F-401	Concurrent Field Work in Clinical Settings	F	4	--	--	100 Internal – 50% External – 50%
PGSW-F-402	Block Placement/ Internship in Clinical Settings	F-Core (Major)	4	--	--	100 Internal – 50% External – 50%
<b>Total</b>			<b>20</b>			<b>500</b>

Rural Camp – Between one week to 10 days

Internship – 30 days

\*Student will choose any one of the 2 Elective Courses

**Total Credits = 20 Credits per Semester x 4 = 80 Credits**

#### Components of Field Work:

- Concurrent Field Work twice a week
- Individual Conferences
- Group Conferences
- Weekly report submission

#### Schemes for Internal Assessment - 30 Marks

- Assignment - 10 Marks
- Class Test - 10 Marks
- Presentation - 05 Marks
- Attendance - 05 Marks

#### Schemes of Examination of Field Work

(A) Internal by faculty supervisor - 50 Marks

- Field Work Internal Assessment - 25 Marks
  - Field Work Presentation - 25 Marks
- (B) External Viva by Dept. Panel - 50 Marks



## Semester Wise Detailed Course Syllabus

### SEMESTER I

**Course Name: Introduction to Social Work**

**Course Code: PGSW-C101**

**Course Credits: 04**

**Maximum Marks: 100**

**Course Objectives:**

- Understand the history and development concept of social work profession in India
- Understand the growth of the profession of social work with reference to values, Ethic and skills.
- To identify the importance of professional values and ethics in social work practices.
- Understand the scope of social work applications in the modern context.

**Course Outcome:** The course learning outcomes are as follows:

- Gain knowledge of basic concepts of professional social work, nature and development of professional social work in India and abroad
- Understand the conceptual framework of social work practice
- Understand the history of social work approaches with respect to underlying ideologies and philosophies
- Applying social work methods, while working with individual, groups, and communities
- To know about skills, ethic, values of social work required by a professional social worker working with person with disability
- Understand the social movements and role of social reformers in social welfare

**Course Contents:**

**Unit I: Conceptual Understanding**

- Social Work: Definition, Objectives, Misconceptions, and Assumptions, Direct and Indirect Social Work Practices
- Meaning and Concepts: Social Welfare, Social Security, Social Capital, Social Justice, Social Reform and Social Movement
- Social Work Process; Phases in Social Work
- Components of Social Work
- Identification of Social Work as a Profession
- Competencies and Skills in Social Work
- Professional Associations of Social Work

**Unit II: Social Work: Historical Perspective**

- Evolution of Social Work in Europe and America: The Poor Laws, Settlement Houses, Beveridge Plan, Charity Organisation Society, Settlement House Movement
- Social Reform Movements in India

- History of Social Work in India
- Social Work Education

### **Unit III: Philosophy and Values**

- Social Work Values and Principles
- Code of Ethics of Social Work
- Methods of Social Work
- Functions of Social Work

### **Unit IV: Social Work Approaches**

- Therapeutic Approach
- System and Ecosystem Approach
- Rights based Approach
- Integrated Approach

### **References:**

1. Davies M. (2013). The Blackwell companion to social work (4th ed.). Wiley Blackwell
2. Desai, M. (2006). Ideologies and social Work: Historical and Contemporary Analyses. Rawat Publication: New Delhi
3. DuBois & Miley K.K. (2019). Social Work: an empowering profession (Ninth). Pearson
4. Friedlander & Walter A. (1997). Concepts and Methods of Social Work, New Delhi: Prentice Hall of India Pvt. Ltd
5. Gangrade, K.D. (1977). Dimensions of Social Work in India: Case Studies. New Delhi: Marwah Publications
6. Indian Ministry of Welfare. (1987). Encyclopedia of Social Work in India. Ministry of Welfare Govt. of India: Director Publications Division
7. Johson,L & Yanca, S.J. (2010). Social work practice- A Generalist Approach. Allyn & Bacon
8. M.S. Gore. (2011). Social work and Social Work Education. New Delhi: Rawat Publications
9. Payne, M. (2007). What is professional social work. New Delhi: Rawat Publications
10. Parker, Jonathan. (2020). Social Work Practice Assessment, Planning, Intervention and Review Sixth Edition. New Delhi: Sage Publications
11. Reamer, F.G. (1999). Social work values and Ethics. New Delhi: Rawat Publications
12. Singh, D. K. and Bhartiya, A.K. (2010). Social Work: Concept and Methods. Lucknow: New Royal Book Company.
13. Surendra, S. (Chief Editor) (2012). Encyclopaedia of Social work in India. Lucknow: New Royal Book Company.
14. Trevithick, P. (2009). Social work skill- a practice Handbook. New Delhi: Rawat Publications

**Course Name: Social Casework**

**Course Code: PGSWC102**

**Course Credits: 04**

**Maximum Marks: 100**

**Course Objectives:**

- To understand the social case work as a primary method of social work practices.
- Developing in-depth knowledge of social case work and its application to field.
- To develop understanding principle, skill and techniques in case work process and intervention.
- To understand approaches and model of social Casework and their application in social Casework practices.

**Course Outcome (Cos):** The course learning outcomes are as follows:

- Develop an understanding of case work as a method of social work and appreciate its place in social work practice
- Understand the process of social case work practice and the various tools and techniques that facilitates
- Able to develop in-depth knowledge of social case work and its application to field
- Able to understanding various approaches to social case work.
- Able to know the social case work skills to be applied in different settings.

**Course Contents:****Unit I: Introducing Social Casework**

- Social Case work: Definition, Objectives, Values and Assumptions
- Historical Development of Social Casework
- Scope of Social Casework
- Principles of Social Casework

**Unit II: Process in Social Casework**

- Process in Casework: Intake, Study, Assessment (Diagnosis), Treatment (Intervention), Evaluation, follow-up and Termination.
- Components of Social Casework: Person, Problem, Place, Process
- Transference and Counter-Transference and their use in case work practice

**Unit III: Social Case Work: Skills and Technique of Social Case work**

- Skills of Casework
- Techniques of Social Casework: Interview, Observation, Listening, Home visit, Counselling
- Client Worker Relationship
- Recording in Casework Practices: Nature, Purpose and Principles of recording and Types of Recording

**Unit IV: Approaches to Casework Practices**

- Problem Solving Approach, Psychosocial Approach, Psychoanalytic Theory
- Diagnostic and Functional Approach to Casework
- Crisis Intervention Approach and Behavioural modification Approach
- Eclectic Approach, Rational Emotive Therapy and Task Centered Approach in Social Casework

**References:**

1. Biestek, F. (1961). *The Case Work Relationship*. Allyn and Bacon
2. Hamilton, G. (2013). *Theory and Practice in Social Case work*. New Delhi: Rawat Publications
3. Healy, K. (2012). *Social Work Methods and Skills*. Palgrave MacMillan
4. Hollis, F. (1964). *Casework: A Psychosocial Therapy*. McGraw Hill
5. Jeffrey, K. A., & Shepard, D. S. (2009). *Counselling: theories and practice*. New Delhi: Cengage Learning India Pvt. Ltd.
6. Johnson, L.C. & Yanca, S.J. (2010). *Social work practice- A Generalist Approach*. New Delhi: Pearson
7. Mathew, G. (1993). *An Introduction to Social Casework*. Tata Institute of Social Science
8. Perlman, H.H. (2011). *Social Case Work- A Problem Solving Approach*. New Delhi: Rawat Publications
9. Ramakrishnan, P.K. (2013). *Social Work Counselling*. Black Prints.
10. R.L. Gibson, and M. H. (2014). *Mitchel Introduction to Counseling & Guidance*. PHI Learning Pvt. Ltd.
11. Timms, N. (1972). *Recording in social work*. Routledge and Kegan Paul
12. Trevithick, P. (2000). *Social work skills: A practice handbook*. Open University Press
13. Upadhyay, R.K. (2003). *Social Case Work: A Therapeutic Approach*. New Delhi: Rawat Publications

**Course Name: Social Work and Person with Disability (PWDs)**

**Course Code: PGSW-C103**

**Course Credits: 04**

**Maximum Marks: 100**

**Course Objectives:**

- To critically examine the social construction of disability from different stakeholder perspectives.
- To become aware of persons with disabilities and their familial and societal contexts, including the disabling and enhancing environments impacting their quality of life.
- To be sensitive to the abilities, residual capacities, and issues faced by each category of persons with disabilities
- To be exposed to the various types of disabilities and their causal factors, prevention, promotion and rehabilitation measures needed by each disability group at different life cycle stages and rehabilitation settings.
- To examine the impact of each disability on different aspects of an individual's growth and development.
- To become familiar with the roles of the different professionals in the multidisciplinary rehabilitation team with an emphasis on the role of the social worker as a vital team member

**Course Outcomes:** The course learning outcomes are as follows:

- Understand the concept, nature, types of disability as also approaches to disability
- Familiarize with the issues and concerns of the persons with disability and the Societal perception towards them
- Comprehend the role of social work professionals in working with the persons with disability
- Critically analyse the policy and legal framework, as also the range of programmes for the welfare and development of the persons with disability, including the assistive technology and devices.

**Course Contents:**

**Unit I: Conceptual Understanding of PWDs**

- Disability – Concept, Definitions of Impairment, Disability and Handicap
- Needs and Challenges of Persons with Disability (PWDs)
- Disability Etiquette
- Concept of Universal Design and Universal Access
- Societal attitude toward Persons with Disability (PWD): Stigma, Discrimination, Oppression and Social exclusion

**Unit II: Types, Cause and Consequences of Disability**

- Disability: Types, Magnitude, Causes and Consequences
- Visual Impairment-magnitude, causes, types, assessment, impact of visual impairment on child's development
- Hearing Impairment, Locomotor Disability, Cerebral Palsy, Down syndrome - magnitude, causes, types, assessment, impact on child's development

- Learning disability, and Autism - magnitude, causes, types, assessment, impact on child's development
- Mental illness including psycho social disability-magnitude, causes, types, assessment, impact on child's development and adults
- Other forms of disability: Caused by Acid Attack, HIV/AIDS, Cancer, and Leprosy- magnitude, causes, types, assessment, impact on child's development and adults
- Needs and problems of Persons with Disability (Each type) related to: Daily activities, Education- Special and Inclusive, Employment, and Health including Physical, Mental, Reproductive and Sexuality.

### **Unit III: Models of Disability**

- Models of Disability: Charity, Medical, Social, Legal and Human Rights Model
- Disability and Social Justice
- Disability Rights Movement: Historical Perspective, Major National and International Milestones

### **Unit IV: Rehabilitation and Prevention**

- Concept of Rehabilitation
- Different aspects of Rehabilitation
- Approaches to Rehabilitation
- Role of Social Worker in Rehabilitation and Prevention of PWDs.

### **References:**

1. Batra, S. (ed.) (2004). Rehabilitation of the disabled: Involvement of social work professionals. New Delhi: Rehabilitation Council of India
2. Davis, L. (2006). The Disability Studies Reader. Routledge
3. Ghai, A. (2015). Rethinking Disability in India: Routledge
4. Hemlata, D. (2014). Technology for Inclusion of Persons with Disability. Kanishka Publishers
5. Hegarty, S., & Alur, M. (2002). Education and children with special needs from segregation to inclusion. New Delhi: Sage Publications
6. Hinchcliffe, A. (2003). Children with cerebral palsy: A manual for therapist, parents and community workers. New Delhi: Vistaar Publication
7. Muralidharan, V. (2014). Mentally Retarded and Intellectually Disabled. Kanishka Publishers
8. Rehabilitation Council of India. (2014). Disability Development in India. Kanishka Publishers
9. Ranganathan, S. (2014). Dyslexia and other Learning Disabilities. Kanishka Publishers
10. Ranganathan, S. (2014). Guidelines for Children with Special Educational Needs. Kanishka Publishers
11. Singh, D. (2014). Disability & Special Needs: Dimensions and Perspectives. Kanishka Publishers
12. Verma, R.K. & Verma, P. (2014). Disability Perspective in Rehabilitation. Kanishka Publishers

**Course Name: Human Growth and Behaviour**

**Course Code: PGSW-E101**

**Course Credits: 02**

**Maximum Marks: 50**

**Course objectives:**

- To understand the nature and development of human behaviour in socio-cultural context.
- To develop a critical perspective of the theories of human behaviour and personality
- To understand stages of the life cycle from conception till death
- To recognize the diversity of life experiences that shape individual development and the factors that affect it
- To understand the relevance of theories to social work practice

**Course Outcomes:** The course learning outcomes are as follows:

- Develop understanding of human behaviour and various factors influencing personality development
- Understand the developmental changes in various developmental stages across the life span
- Analyse the importance of developmental psychology in social work practice and be able to link with real life situations
- Able to identify the use of theoretical concepts in lifespan stages in social work practice
- Develop an understanding of the basic mental processes and their role in influencing behaviour
- Develop sensitivity towards one's own biases, stereotypes, motivations in carrying out social work practice
- Learn to apply psychological concepts and theories in social work practice.

**Course Contents:**

**Unit I: Human Growth and Development**

- Introduction to Human Growth & Development
- Theories of Human Development: Psycho social development theory- Erickson
- Personality: Concept, characteristics, components and determinants
- Theories of Personality: Psychodynamic theory, Psychoanalytic theory- Freud, Trait Theory of Personality

**Unit II: Psychological Functions**

- Cognitive theories: Jean Piaget's theory of cognitive Development
- Learning: Behavioural Child Development Theories- Pavlov and Skinner
- Motivation: Maslow's Hierarchy of Needs theory, Alder's Hierarchy of Motivational Needs
- Problem of Human Behaviour and Coping Mechanisms: Coping Mechanism, Defense Mechanism

## References:

1. Baron, R.A. (2001). *Social Psychology*. Allyn and Bacon
2. Baron R., & Byrne D. (2004). *Social Psychology* (10th edition). USA: Pearson Education
3. Beckett, C & Taylor, H. (2019). *Human Growth and Development* (4th editions). Sage Publications
4. Berk L. (2007) *Development through the Lifespan*. Fourth Edition, Pearson Education
5. Chadha, N.K. & Seth, S. (2014). *The Psychological Realm: An Introduction*. Pinnacle Learning
6. Hall, C. Lindzey, G, & Campbell, J.B. (1997). *Theories of personality*. Wiley
7. Hurlock, E. (2012). *Developmental Psychology*. McGraw Hill Education
8. Ingleby, E. (2020). *Applied Psychology for Social Work* (2nd Editions). Sage Publications
9. Mehta P. (1998). *Psychological strategy for alternative human development: India's performance since independence, India*. Sage Publication
10. Morgan, C.T., King, R.A., Weisz, J.R. & Schopler, J. (1993). *Introduction to Psychology*. McGraw Hill Education
11. Misra, G. (2011). *Handbook of Psychology in India*. Oxford University Press
12. Pestonjee, D.M. (2003). *Psychological and Social Instruments*. Concept Publishing Company
13. Sarason, I.G. & Sarason, B.R. (2001). *Abnormal Psychology*. PHI Learning
14. Sharma, R.K. & Sharma, R. (2013). *Social Psychology*. Atlantic Publishers
15. Smith, E.E. & Kosslyn, S.M. (2007). *Cognitive Psychology: Mind and Brain*. PHI Learning
16. Walker, Janet & Horner, Nigel. (2020). *Social Work and Human Development* SIXTH EDITION, UK: University of Lincoln. Sage Publication



**Course Name: Fundamentals of Social Work** (*Multidisciplinary Course*)

**Course Code: PGSW-E101**

**Course Credits: 02**

**Maximum Marks: 50**

**Course Objectives:**

- To understand the fundamentals of social work, concepts related to social work and its professionalism.
- To familiarize with the skills and roles of a professional social worker along with its methods and approaches in various settings.
- Developing knowledge about Methods of social work

**Course Outcomes:** The course learning outcomes are as follows:

- To recapture nature and historical evolution of professional social work
- To familiarize and internalize philosophy and core values of professional social work
- To introduce the approaches and areas of professional practice

**Course Contents:**

**Unit I: Introduction to Social Work**

- Social Work: Meaning, Definitions, Objectives and Assumptions Social Work
- Social reform, social service, social movements
- Social work as professional practice & volunteerism
- Social work education – theory and practice
- Roles of social workers, skills and competencies

**Unit II: Social Work Methods**

- Social work values & principles
- Methods of Social Work: Social Case Work, Social Group Work, Community Organization and Social Action, social welfare administration.
- Fields of social work – labour welfare; community development; disability studies and practice; medical and psychiatric social work; correctional social work; oncology social work

**References:**

1. Ambrosino, R. (2015). *Social Work and Social Welfare*. Jaipur: Rawat Publications
2. Brenda Dubois and Kalra Keogrud Miley- (2009). *Social-Work: An Empowering Profession*. Prentice Hall: PTR
3. Bradford W. Sheaf or and Charles R. Horejsi, (2006). *Techniques and Guidelines for Social Work Practice*. London: Allyn and Bacon
4. Bogo, Mario, (2006). *Social Work Practice: Concepts, Processes and Interviewing*. New Delhi: Rawat Publications
5. Gunjal (2010). *Fields of Social Work Practice*. Vishwas Prints
6. Hamilton, G. (2013). *Theory and Practice in Social Case work*. Rawat Publications
7. Inglis, D. (2012). *An invitation to Social theory*. Polity Press

8. Mathew, G. (1993). *An Introduction to Social Case Work*. TISS
9. Payne, M. (2007). *What is professional social work*. Rawat Publications
10. Reamer, F. (1999). *Social work values and ethics*. Rawat Publications
11. Trevithick, P. (2009). *Social work skill- a practice Handbook*. Rawat Publications
12. Upadhyay, R.K. (2014). *Social Case Work*. Rawat Publications

**Course Name: Concurrent Field Work (Community settings and Awareness Building)**

**Course Code: PGSW-F101**

**Course Credits: 04**

**Maximum Marks: 100**

**Nature of placement:**

- The students are to be placed in community setting which located in Leh districts.

**Course Outcomes:** The course learning outcomes are as follows:

- Contextualising field work with social work profession.
- Exposure subject to person with disability settings.
- Understanding and contextualizing cultural, economic and political context of field settings.
- Building skills and techniques (intervention, advocacy, awareness and problem solving).

**Course Contents:**

1. Introduction to field work

- Importance of theory and practice
- Orientation on field work – various types and formats
- Records and formats - Log sheet, Intake Sheet
- Supervision: types – agency & faculty supervisor
- Individual conference & group conference
- Recording & report writing

2. Engagement with field setting

- Rapport building
- Communication Skills
- Community Understanding
- Community Awareness programme
- Conduct of a field survey
- Challenges of field practice

3. Tools & Techniques of field practice

- Community profile
- Application of PRA (participatory rapid appraisal) techniques- social mapping, resource mapping, transect walk, seasonality, Venn diagram, ranking etc.
- Focus Group Discussion (FGD)
- Programme planning

**References:**

1. Baikady R. Sajid S. M. Nadesan V. S. & Rezaul Islam M. (2022). The routledge handbook of field work education in social work (1st ed.). Routledge.
2. Beddoe L. & Maidment J. (2017). Supervision in social work : contemporary issues. Routledge Taylor & Francis Group.
3. Birkenmaier J. & Berg-Weger M. (2018). The practicum companion for social work : integrating class and field work (Fourth). Pearson.
4. Caspi J. & Reid W. J. (2002). Educational supervision in social work : a task-centered model for field instruction and staff development. Columbia University Press.

5. Dash B. M. & Roy S. (2020). *Fieldwork training in social work* (First). Routledge.
6. Egan R. Hill N. & Rollins W. (2021). *Challenges opportunities and innovations in social work field education*. Routledge.
7. Field P. Jasper C. & Littler L. (2016). *Practice education in social work : achieving professional standards* (Second). Critical Publishing.
8. Gallop L. & Hafford-Letchfield T. (2012). *How to become a better manager in social work and social care : essential skills for managing care*. Jessica Kingsley.
9. Germain C. & Knight C. (2021). *The life model of social work practice advances in theory and practice*. Columbia University Press.
10. Glassman U. (2016). *Finding your way through field work : a social work student's guide*. SAGE.
11. Goldberg E. M. & Warburton R. W. (2021). *Ends and means in social work : the development and outcome of a case review system for social workers* (1st ed.). Routledge.
12. Howe K. & Gray I. (2013). *Effective supervision in social work*. Sage/Learning Matters.
13. Hughes M. & Wearing M. (2022). *Organisations and management in social work : everyday action for change* (Fourth). SAGE.
14. Kadushin A. & Harkness D. (2014). *Supervision in social work* (Fifth). Columbia University Press.
15. Nair R. Juvva S. & Nadkarni V. V. (2019). *Field instruction in social work education : a guide to research in india* (First). Routledge.
16. Pathak A. (2013). *Field work and training in social work*. Centrum Press.
17. Pawar M. S. & Anscombe A. W. (2022). *Enlightening professional supervision in social work voices and virtues of supervisors*.
18. POLICY PRESS. (2021). *Involving service users in social work education research and policy a comparative european analysis*.
19. Sandu A. & Frunză Ana. (2018). *Ethical issues in social work practice*. IGI Global Information Science Reference (an imprint of IGI Global).
20. Valle J. W. & Connor D. J. (2019). *Rethinking disability : a disability studies approach to inclusive practices* (Second). Routledge.

## SEMESTER II

**Course Name: Social Group Work**

**Course Code: PGSW-C201**

**Course Credits: 04**

**Maximum Marks: 100**

### **Course Objectives:**

- To understand of group work as a method of professional social work
- To learn theoretical approaches to group work practice
- To gain insight into dimensions of group processes and group work practice
- To develop competencies for working with Person with disability group

**Course Outcomes:** The course learning outcomes are as follows:

- To introduce social group work as a method of social work
- To map the process of group experience and personality development
- To develop competencies and skills for working with different groups in various practice settings
- To enable the students to work with group dynamics
- To inculcate the different skills among the students while working with Person with Disability groups
- To help students to imbibe the different values and techniques while dealing with different social groups particularly on person with disability

### **Course Contents:**

#### **Unit I: Concept and Formation of Groups**

- Social Group Work: Definition, Objectives, Attributes
- Types of groups: Therapeutic group, Task group, Recreation group
- Historical Evolution of Social Group Work

#### **Unit II: Principle, Skills, Techniques and Theories**

- Principles of Social Group Work
- Skills and Techniques of Group Work
- Theories of Social Group Work: Relational Dialectics theory, Learning Theory, Conflict Theory

#### **Unit III: Group Process and Development**

- Process of Group Formation
- Group Development: Meaning, Stages (Tuckman)
- Dimensions of Group Dynamics: Communication and Interaction, Cohesion, Social Integration and Group Culture
- Managing Group Dynamics: Leadership, Group Bonding, Group Conflicts, Confrontation, Apathy and Group Control

#### **Unit IV: Models of Social Group Work Practice**

- Remedial
- Reciprocal
- Social Goal Model

## References:

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**Course Name: Sociological Concepts and Community Work**

**Course Code: PGSW-C202**

**Course Credits: 02**

**Maximum Marks: 50**

**Course Objectives:**

- To understand the basic concepts and theories about society
- To gain knowledge the contributions of different sociological thinkers
- To acquire skills to identify and critically analyze existing and emerging social problems
- To gain knowledge about the primary method of social work practice with communities
- To understand the techniques and approaches of social work practice with communities
- To acquire skills of working with diverse communities

**Course Outcomes:** The course learning outcomes are as follows:

- To acquaint with basic social science concepts and their application in social work practice
- The course will instill among the students to critically analyze the various social problems through various approaches
- The course will develop an understanding about the culture, traditions and practices and will help them to connect easily while being in the field
- To Understand and analyze community as an evolving entity
- To introduce community organization as a method of social work
- To develop competencies and skills to engage with communities
- Learn to apply sociological insight and approaches in social work practice

**Course Contents:**

**Unit I: Sociological Concepts**

- Introduction to Sociology: Concept of Society, Meaning, Types and Characteristics
- Concepts in Sociology: Culture, Socialization, Social Control, Social Change, and Social Groups
- Institutions for Socialization: Family, Marriage, Religion
- Sociological thoughts: Positivist Approach (August Comte), Functionalist approach (Talcott Parsons) and Conflict/ Dialectical approach (Karl Marx)
- Social Stratification: Meaning and Functions: Ambedkar, Periyar, Marxist, and Weberian Approach: Caste, Class, Power, Authority and Status

**Unit II: Community: Concept and Dynamics**

- Community: concept, meaning, types, evolution
- Values and Assumptions
- Principles of Community Organisation (MG Ross & H Y Siddiqui)
- Steps in Community Organisation
- Models of Community Participation (Jack Rothman & H. Y Siddiqui)
- Understanding Community Development and Community Organisation
- Social Action: Concept and Principles

- Approaches to Social Action: Elitist & Popular, Paulo Friere, Saul Alinsky, Mahatma Gandhi and Ambedkar
- Role of Social Worker in Social Action

### References:

1. Christopher, A.J., and Thomas William. (2006). Community organization and social action. New Delhi: Himalaya Publications
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**Course Name: Family-Centered & Community-Based Interventions and Ethical Practice**

**Course Code: PGSW-C203**

**Course Credits: 04**

**Maximum Marks: 100**



## **Course Objectives:**

- To understand families as social systems and factors affecting family functioning
- To comprehend the significance of child development and rights of children

## **Course Outcomes:** The course learning outcomes are as follows:

- Understand the changing structural and functional dynamics of family systems
- Sharpen the skills, techniques and knowledge required for working with the families
- To understand the basic concept, principles, philosophy and genesis of Community Based Rehabilitation (CBR).
- To understand and analyze the relevance of community based rehabilitation for different socio- cultural and economic conditions such as urban, rural, tribal, hilly regions.
- To demonstrate competency in developing CBR programs for all age groups of disabled people
- To understand intervention with reference to person with disability

## **Course Contents:**

### **Unit I: Concept of Family and Approaches**

- Family: Importance, Functions, Types of Families, Structure
- Stages of Family Life
- Families in Transition and Family Dynamics
- Family Systems theory
- Understanding the Effect of the Presence of Person with Disability on the Family from an Ecological and System Perspective

### **Unit II: Family Social Work**

- Family Problems and Disorganization
- Impact of Disability on Individuals and their Families: Reactions of parent's/family members and strategies of coping
- Needs and Problems of Persons with Disability and their Families across the Life span and at Critical stages in their Lives and Social Work Intervention at Each Stages: Prevention and Management of Disabilities at Primary, Secondary and Tertiary levels
- Family Life Education, Home Management and Life-Work Imbalance Affecting Family Life
- Family level Intervention: Family crisis intervention, Family-centered intervention, Parent guidance, Parent training, Quality of life of Persons with Disabilities
- Therapies: Family Therapy, Narrative, Experiential and Structural Family Therapy

### **Unit III: Community Based Intervention**

- Disability Intervention Strategies at Community level: Community Based Rehabilitation (CBR), Awareness, Community Education, Advocacy and Lobbying
- Community Based Rehabilitation (CBR) for Person with Disability: Health, Education, Livelihood, Social and Empowerment
- Basic Principles, Philosophy and genesis of Community-Based Rehabilitation.

- Disability Counselling, Skills and Intervention Strategies at Individual, Group, and Family levels, Self-help/Support groups
- CBR Strategies: Steps in Safeguarding the Rights of Persons with Disabilities

#### **Unit IV: Intervention with reference to Persons with Disabilities**

- Screening and early identification and Intervention with Children with Visual Impairment
- Early Intervention on Children with Autism Spectrum Disorder, Epilepsy, ADD, ADHD, Multiple and Intellectual Disabilities
- Early Intervention on Children with Hearing Disabilities
- Early Intervention on Children with Neuro- Muscular/ Motor /Movement Disabilities
- Early Intervention on Children with Learning Disabilities
- Role of social worker in the field of disability

#### **References:**

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**Course Name: Social Work Research**

**Course Code: PGSW-E201**

**Course Credits: 02**

**Maximum Marks: 50**

**Course Objectives:**

- To comprehend the importance of research as a social work method
- To be familiar with various research designs, methods, statistical tools and techniques relevant to social work research.
- To cultivate research abilities through appropriate application

**Course Outcomes:** The course learning outcomes are as follows:

- To discern the importance of research in social work
- To acquaint students with the use of computer applications for research and data analysis
- To develop analytical and report writing skills

**Unit I: Social Work Research**

- Scientific Method: Meaning and Characteristics
- Social Work Research: Nature, Meaning and Steps, Scope and Significance
- Types of Research: Quantitative, Qualitative and Mixed Method
- Ethics in Social Work Research
- Steps in Research Process

**Unit II: Scientific Approach to Social Science Research**

- Thinking Like a Researcher: Unit of Analysis, Concept, Construct and Variable
- Research Design: Exploratory, Descriptive, Experimental, Action Research
- Hypothesis: Concept and Types
- Census & Sampling: Methods and Importance
- Sources of data: Primary and Secondary
- Tools of Data Collection: Qualitative and Quantitative (Reliability and Validity)
- Methods of Qualitative Research: Ethnography, Interview, Case Study, Focus Group Discussion (FGD), Grounded Theory
- Writing a Research Report: Contents and Formats, Literature Review, Problem Identification, Specification of Research Questions, Rationale of the Study, Objectives, Operational Definitions, Chapterization and Interpretation of results and discussion

**References:**

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**Course Name: Quantitative Research Methods**

**Course Code: PGSW-E202**

**Course Credits: 02**

**Maximum Marks: 50**

**Course Objectives:**

- To understand and appreciate the nature, process, and role of Quantitative Research Methods in the field of Social Work.
- To develop practice-based research skills, knowledge, and values required to undertake quantitative research studies in the field of Social Work.
- To develop the ability to appropriately utilize quantitative research studies carried out by others, so as to facilitate field practice related to Social Work.
- To develop competence in conceptualizing, designing and implementing research using quantitative paradigms and techniques.

**Course Outcomes:** The course learning outcomes are as follows:

- Understand the nature, scope and significance of Quantitative research in social work practice.
- Have the requisite skills and competencies to analyze, interpret and present quantitative data.
- Learn the process of data collection, organization, presentation, analysis and report writing.

**Course Contents:**

**Unit I: Quantitative Research Methods**

- Quantitative Research: Concept, Nature and Definition and Scope
- Tools of Data Collection in Quantitative Research: Survey,
- Sampling: Probability and Non- Probability Sampling Methods
- Presentation of Data: Classification, Tabulations, Analysis, and Interpretation

**Unit II: Quantitative Data Analysis and Statistical Procedures**

- Descriptive Statistics: Measures of Central Tendency (Mean, Median, Mode); measures of dispersion
- Levels of Measurements: Nominal, Ordinal, Interval and Ratio
- Use of Scales: Likert, Thurstone
- Hypothesis: Meaning, Characteristics, Types, Formulation and Use
- Problems and Tests of Reliability and Validity
- Pretesting of tools of data collection, Coding, Master Sheet, Tabulation
- Univariate, Bivariate, Multivariate Analysis of Data
- Inferential Statistics: Correlation, Tests of significance (chi -square, t-test), Analysis of variance (ANOVA), Use of SPSS
- Research Report: Purpose, Characteristics and Steps of writing report
- References and Bibliography

**References:**

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**Course Name: Indian Knowledge Systems (Social Work)**

**Course Code: PGSW-M201**

**Course Credits: 02**

**Maximum Marks: 50**

**Course Objectives:**

- Acquire the skills for the practice of social work using the traditional knowledge.
- Develop an understanding about the traditional knowledge of Ladakh relevant for social work practice.

**Course Outcomes:** The course learning outcomes are as follows:

- To understand the depth of traditional knowledge of Ladakh
- They will be able to integrate these theories in social work practice with individuals, groups, and communities.

**Course Contents:**

**Unit I: Concepts of Community Work in Ladakh Traditional Knowledge System**

- Role of Relatives (Faspons) and Neighbours (Khimchaspa): Marriage (Bakston), Death (Shiston/Rabchas), and Birth (Mintags/ Botoño/Dagangs)
- Traditional Methods of Agriculture in Ladakh: Preparation of Soil and Sowing (Rsmose), Irrigation (Churas), Harvesting (Rgabsa), Threshing (Kho-u), Milling (Rantak)
- Art and Craft in Ladakh: Carpet weaving (Pharba/ Phingma), Basket Making (Chaipo), Stone Carving (Ldoa Skos), Shoes(Papu), Goncha /Sulma, Wood Carving (Shigkhan), Shawal weaving (Chadar)
- Hand Knitting (Lachas): Sock (Kangshubs), Sweater (Stodthung), Cap (Thebi), Gloves (Lagshubs)

**Unit II: Contribution of Indian Social Thinkers**

- Gautam Buddha, Guru Nanak, Radhakamal Mukherjee, M.N Srinivas
- Dr. Bhimrao Ramji Ambedkar, Govind Sadashiv Ghurye
- Shri Aurobindo, Swami Vivekananda, Deendayal Upadhyaya, Nanaji Deshmukh

**References:**

1. Ahuja, R. (1993). Indian Social System. Rawat Publications.
2. Bharti, A. (2014). Art and Architecture in Ladakh, Cross- Cultural Transmission in the Himalayas and Karakoram. <https://www.academia.edu>
3. Ghurye, G. S. (2021). Caste and Race in India. SAB.
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**Course Name: Concurrent Field Work in Community and Family Settings**

**Course Code: PGSW-F-201**



**Course Credits: 04**

**Maximum Marks: 100**

**Nature of placement:**

The students are to be placed in community and family settings for concurrent field work

**Course Outcomes:** The course learning outcomes are as follows:

- Learn the basic skills to work in the community as well as family level.
- Develop knowledge about socio-economic background and the living condition of the person with disability and the problems confronted by them
- Understand the importance of psycho-social assessment.
- Designing Intervention plan.
- Develop primary methods of Social work such as Social Case Work in family setting.
- Understanding and contextualizing cultural, economic context of family.

**Course Contents:**

- Involves in preparation of psycho social assessment of person with disability and their family
- Develop and implement intervention plans and strategies with family
- Practices of primary methods of social work; Undertake social casework of person with disability and their family (Including screening and identification of clients & their problems, study & assessment, intervention and follow-up)
- Organize community awareness programme about Disability
- Create awareness among family members and neighbourhood

**References:**

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